

**The Power and Gifts of Love: An Online Women's Retreat**  
**Monday, May 18 – Friday, May 22, 2020**  
**9:30am to 12:30pm**

**Led by Karen Wilhelm Buckley and Dianne Morrison  
with Suki Munsell, Ph.D.**



*"My purpose, my practice, and my journey is to be love in every room.  
If I'm the only person in the room, then I have to be love toward myself." Elizabeth Gilbert*

In this time of uncertainty and social distancing, connecting with each other, from and in a space of love becomes vitally important.

Love is letting go of fear. The more we are wrapped up in fear, the more vulnerable we are in regards to our health and wellbeing. Staying connected with ourselves and others stimulates our natural systems of health and vitality. When we disconnect from ourselves, we disconnect from others, research has shown that we suppress our immune system. Part of the power of love is staying connected with ourselves and others.

Love doesn't require us to change who we are; it invites us to be who we are. Love connects us with others and elevates our state of being so that the choices we make create the future we most want for ourselves and the community of all life.

In the Power and Gifts of Love on-line retreat, together we will explore the experience of Being Love as our natural state. Our hearts and minds open, we remember what really matters, we belong. As we step beyond feelings about love, our innate gifts of intelligence, passion, affection, and creativity are powerfully unleashed at a whole new level.



*Photo by Rikki Cooke*

**Our 5 Key Themes:**

- 1.** Discovering Love – What is love and why does it matter?
- 2.** Exploring Love – What haven't we seen, heard, or experienced in the world of love?
- 3.** Being Love – What if...who we are is love?
- 4.** Coming from Love – Are we looking for love when it's already here?
- 5.** Accepting Love – Do we accept love from others if we think we are unlovable?

[www.communicoreconsulting.com/wisdom-retreat](http://www.communicoreconsulting.com/wisdom-retreat)  
*See page 2 for course registration and contact information.*

## **We welcome you into this online retreat!**

**Monday, May 18 to Friday May 22 from 9:30am to 12:30pm each day**

Pricing for the May 18-22 on-line retreat is \$500.00 and includes:

- A full Program (recorded so you can watch it at a more convenient time if you need to miss a session.)
- *The \$500 payment will hold your place.*

We look forward to sharing this transformative experience with you.

Each day there will be Meditation, exploration and reflections on love, practices, inspirational poems and sharing and Suki offering movement each morning

Led by ***Karen Wilhelm Buckley*** and ***Dianne Morrison***, **pioneers in personal transformation, business consulting and executive coaching with *Suki Munsell*, an expert in somatic exercise and body transformation.**

***Karen*** is committed to creating authentic leaders who generate substantive results while evoking wisdom and love in themselves and their organizations.

***Dianne*** has clients invent themselves as inspiring leaders who produce breakthrough results while maintaining a work life balance.

***Suki*** works with students worldwide helping them move with greater efficiency and grace. *Building on our shared commitments & friendship, we invite you into this transformational journey.*

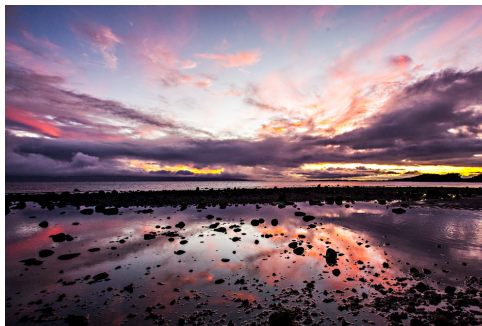
**Send your check, made payable to:**

*The Wisdom Connection  
425 Magee Avenue  
Mill Valley, CA 94941*

Our Communicore Wisdom Retreats are hosted by our sister organization The Wisdom Connection.

**Reach out to Anita Jones, Retreat Coordinator, for more detailed information and what it can mean for your life.**

[Anita@communicoreconsulting.com](mailto:Anita@communicoreconsulting.com)



*Photo by Moriah Quinn*

*"May you be content with yourself just the way you are. Let this knowledge settle into your bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and everyone one of us." St Therese*

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